



# I Believe Housing is Healthcare



Dear \_\_\_\_\_

As one of your constituents, I encourage you to keep affordable housing top of mind as a health measure.

There is strong evidence indicating that decent, affordable housing reduces chronic disease, lowers stress, diminishes infectious disease and leads to improved physical and mental health.

Affordable housing frees up funds within tight family budgets for health care and quality food. To create a healthy community, we must have decent, affordable housing.

I urge you to take a stand for hardworking families in Nebraska and make your votes count for equity and equality in affordable housing policies and initiatives!

Everyone deserves a healthy place to call home.

Additional comments

Sincerely,

\_\_\_\_\_  
Name

\_\_\_\_\_  
email

\_\_\_\_\_  
Zip Code



1701 N. 24th Street  
Omaha, NE 68110



*"...the right of **the people...**  
to petition the Government  
for a redress of grievances."*

*—First Amendment, US Constitution*

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